



## What to pack for Academic Summer Camp

### Bedding, Bath & Toiletries

- Pillow
- Bedding for a Twin Bed OR Sleeping Bag
- Blanket
- Towels: Swim, bath, hand, and washcloth
- Swimsuit
- Laundry Bag
- Any medications – labeled with your name, medication, dosage, and time taken  
*\*See Medication Specific Information on the next page.*
- Sunscreen
- Other personal toiletry items (deodorant, toothbrush, toothpaste, body wash, etc.)
- Small fan for your room (optional)

**Clothing** - Dress for the week is casual. It is important to note that the classrooms and labs can be chilly so wearing layers is suggested. Students working in a lab setting (CSI, Nursing, and Pre-med) must wear closed-toe shoes to the academic sessions each day. Please pack a swimsuit and cover. **Bring sneakers and comfortable clothes for evening activities.**

**Snacks** – All meals are provided; however, students may want snacks for in between meals or after the evening activities. While there is a refrigerator available, we recommend that you pack non-perishable snacks such as: granola bars/cereal bars; cheese or peanut butter crackers; trail mix; fruit snacks; or chips/pretzels. Make sure items are labeled with your name. **Please bring a water bottle!**

**Spending Money** - We will be taking students on various off-campus trips and students may wish to bring extra spending money. The bookstore at Roberts Wesleyan University will also be open this week if students want to purchase Roberts Wesleyan University gear.

### \*Medical Specific Information

1. If your child takes prescription medication, the Health Care Provider Consent Form **MUST** be completed and signed by a Health Care Provider.
2. If you want your child to be able to take over the counter (OTC) medication while at camp, the Health Care Provider Consent Form **MUST** be completed by a Health Care Provider and any OTC medication must be listed and prescribed on an as-needed basis. Then you must bring those OTC medications in their original containers to be given to the nurse when you/your child arrives at camp.
3. **We MUST HAVE immunization records for ALL students participating in the Academic Summer Camp Program.**

These regulations are required by the New York State Department of Health. We are looking forward to having your child join us for an exciting week at Roberts Wesleyan University.